

# the NATURE TRAIL

## NATURAL EXPLORERS

Starting in the Blue Mountains, you will explore both the beauty and heritage of this majestic wilderness. You'll experience scenic landscapes and natural wonders as your journey continues through the picturesque Hawkesbury region and ends at fun-filled Penrith with plenty of great food along the way.

## TRAVEL TIPS

- ▶ Some experiences listed are seasonal and only available at certain times of year. To avoid disappointment, check opening hours before you travel and make bookings where necessary.
- ▶ Country roads can be in variable condition with windy or steep sections. Please slow down and drive to the conditions. Look out for wildlife on the roads at dawn and dusk.
- ▶ Using a GPS? Make sure you get the right directions by entering the name of the town not the area you want to visit (ie Katoomba NOT Blue Mountains).
- ▶ If you are planning to bushwalk, always put safety first. Download the National Parks and Wildlife Services app to check for updates on walking track conditions and bushfire danger levels.

## FIND OUT MORE

[bmcc.nsw.gov.au/visitor-information](http://bmcc.nsw.gov.au/visitor-information)

[discoverthehawkesbury.com.au](http://discoverthehawkesbury.com.au)

[visitpenrith.com.au](http://visitpenrith.com.au)

[visitsw.com](http://visitsw.com)

[nationalparks.nsw.gov.au](http://nationalparks.nsw.gov.au)

Or drop into a Visitor Information Centre for more ideas on what to do and other drive itineraries.

**ECHO POINT**  
Echo Point Road, Katoomba

**GLENBROOK**  
Great Western Highway, Glenbrook

**HAWKESBURY**  
Hawkesbury Valley Way, Richmond

This information is current at the time of publication (July 2019).

All distances and drive times are approximate.

Please check with local operators for up-to-date information and operating hours.



TOTAL DRIVE DISTANCE : 203KM  
APPROX. TOTAL DRIVE TIME : 3HRS 30MIN



## SUGGESTED ITINERARY

- |   |  |   |
|---|--|---|
| <p><b>DAY 1</b></p> <ol style="list-style-type: none"> <li>1. Kickaboom Cafe</li> <li>2. Wentworth Falls &amp; Conservation Hut Cafe</li> <li>3. Wentworth Falls Lake District Park</li> <li>4. Echo Point Lookout</li> <li>5. Giant Stairway Walk</li> <li>6. Scenic World</li> <li>7. Prince Henry Cliff Top Walk</li> <li>8. Leura Garage Cafe and Restaurant</li> </ol> | <p><b>DAY 2</b></p> <ol style="list-style-type: none"> <li>9. Blackheath Heritage Centre VR Canyon Experience</li> <li>10. Victoria Falls Lookout &amp; Walk</li> <li>11. Mount York Lookout</li> <li>12. Blue Mountains Botanic Gardens</li> <li>13. Blue Mountains Glow Worm Tours</li> <li>14. Tutti Fruitti</li> <li>15. Bellbird Hill Lookout</li> <li>16. Bark Park Kurrajong</li> <li>17. Kurmond Social</li> </ol> | <p><b>DAY 3</b></p> <ol style="list-style-type: none"> <li>18. Australiana Pioneer Village</li> <li>19. Trees Adventure</li> <li>20. Hawkesbury Lookout</li> <li>21. Nepean Belle River Cruise</li> <li>22. The Rock Lookout</li> <li>23. Museum of Fire</li> <li>24. Vista Adventure Tours</li> <li>25. Great River Walk</li> <li>26. Tella Balls Dessert Bar</li> </ol> |
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**PENRITH CITY COUNCIL**



**DAY 1 Glenbrook to Katoomba** TOTAL DISTANCE: 42km  
via Wentworth Falls


**A GLENBROOK**

Start your journey with a big breakfast in one of Glenbrook's cool cafes or check out the bakery, bookstore or swimming holes.

**1 KICKABOOM CAFE**

Shop 1/ 6 Ross St, Glenbrook • kickaboom.com.au • Ph: 4742 5847

From the harissa to the milkshake syrups, ingredients for the travel-inspired menu are made in-house.

 **DRIVE:** 34km (35mins) – WENTWORTH FALLS

**B WENTWORTH FALLS**

Home to scenic walks, lookouts with panoramic views and leafy picnic areas, this historic town gives you many places to stretch your legs.

**2 WENTWORTH FALLS & CONSERVATION HUT CAFE**

Fletcher St, Wentworth Falls • Ph: 4757 3827

[nationalparks.nsw.gov.au](http://nationalparks.nsw.gov.au)

Meet friends and grab a bite at this popular meeting point with gorgeous mountain views before or after your walk.

**3 WENTWORTH FALLS LAKE DISTRICT PARK**

Sinclair Cres, Wentworth Falls

[www.bmcc.nsw.gov.au/wentworth-falls-lake-park](http://www.bmcc.nsw.gov.au/wentworth-falls-lake-park)

Walk around, canoe or picnic by this picturesque lake originally created to supply water for the steam railway.

 **DRIVE:** 7km (9mins) – KATOOMBA **C**

**4 ECHO POINT LOOKOUT**

The perfect place to get a photo of the famous Three Sisters, with a Visitor Information Centre that can help you plan your mountains adventure.

**5 GIANT STAIRWAY WALK**

Echo Point to Scenic World, Katoomba • [nationalparks.nsw.gov.au](http://nationalparks.nsw.gov.au)

You'll descend into the valley via 998 steps cut into the side of a cliff on this energetic walk past the iconic Three Sisters.

**6 SCENIC WORLD**

Cnr of Violet St and Cliff Dr, Katoomba

[scenicworld.com.au](http://scenicworld.com.au) • Ph: 4780 0200

Built to give you the best views of this breathtaking World Heritage-listed region, this classic Blue Mountains adventure includes the world's steepest railway incline, a glass-bottomed skyway and the longest boardwalk in Australia.

**7 PRINCE HENRY CLIFF TOP WALK**

Echo Point, Katoomba • [nationalparks.nsw.gov.au](http://nationalparks.nsw.gov.au)

Connecting Scenic World and the Leura Cascades, this 6km return walk passes many scenic lookouts for spectacular photos.

**8 LEURA GARAGE CAFE AND RESTAURANT**


84 Railway Pde, Leura • [leuragarage.com.au](http://leuragarage.com.au) • Ph: 4784 3391

The Leura Garage is an award winning restaurant, cafe and bar located at the top of Leura Mall.

 **OVERNIGHT ACCOMMODATION**

**KATOOMBA AND SURROUNDS.** High in the mountains, there is plenty of accommodation to choose from including resorts, boutique guest houses, cottages, cabins and motels. Campers can have a night under the stars at Perrys lookout campground in BLACKHEATH.

**DAY 2 Katoomba to Kurrajong** TOTAL DISTANCE: 79km

 **DRIVE:** 11km (14mins) – BLACKHEATH

**D BLACKHEATH**


Several world-class bushwalks begin in this relaxed town and the serene landscapes of the Megalong Valley are also nestled nearby.

**9 BLACKHEATH HERITAGE CENTRE VR CANYON EXPERIENCE**

Govetts Leap Rd, Blackheath

[nationalparks.nsw.gov.au](http://nationalparks.nsw.gov.au) • Ph: 4787 8877

Experience the world's most spectacular canyon in comfort using Oculus Rift virtual reality.

 **DRIVE:** 7km (10mins) – MOUNT VICTORIA **E**

**10 VICTORIA FALLS LOOKOUT & WALK**

Victoria Falls Rd, Mount Victoria

[wildwalks.com/bushwalking-and-hiking-in-nsw/blue-mountains-blackheath-victoria-falls](http://wildwalks.com/bushwalking-and-hiking-in-nsw/blue-mountains-blackheath-victoria-falls)

Enjoy the view from the lookout before taking the challenging 2-hour walk to explore the top and bottom of the falls.

**11 MOUNT YORK LOOKOUT**

Mount York Rd, Mount Victoria

[www.visitnsw.com/destinations/blue-mountains/katoomba-area/attractions/mount-york](http://www.visitnsw.com/destinations/blue-mountains/katoomba-area/attractions/mount-york)


With commanding views, this popular adventure site is home to several monuments commemorating crossings of the Great Dividing Range.

**12 BLUE MOUNTAINS BOTANIC GARDENS**

Bells Line of Road, Mount Tomah

[bluemountainsbotanicgarden.com.au](http://bluemountainsbotanicgarden.com.au) • Ph: 4567 3000


Take a botanic journey around this 28-hectare site with breathtaking views over the Greater Blue Mountains World Heritage Area.

 **DRIVE:** 15km (15mins) – BILPIN **F**

**13 BLUE MOUNTAINS GLOW WORMS TOURS**

Bulgamatta Rd, Berambing • [glowwormtours.sydney](http://glowwormtours.sydney) • Ph: 0438 600 691

Tour a magical colony of glow worms on a spectacular night-time adventure to a hidden canyon. Strong walking skills recommended.

 **DRIVE:** 16km (17mins) – KURRAJONG **G**

**14 TUTTI FRUITTI**

1917 Bells Line of Road, Bilpin • [tuttifruitti.com.au](http://tuttifruitti.com.au) • Ph: 4567 8436

Experience homemade goodness, country hospitality and fresh mountain air in the courtyard garden.

**15 BELLBIRD HILL LOOKOUT**

1183 Bells Line of Rd, Kurrajong Heights

Stretch your legs at this scenic viewpoint where you'll get an unspoilt view back to Sydney in clear weather.

**16 BARK PARK KURRAJONG**


16 Old Bells Line of Rd, Kurrajong

For those travelling with canine companions, this is the perfect place to picnic and enjoy off-leash activities.

**17 KURMOND SOCIAL**

406 Bells Line of Rd, Kurmond • [kurmondsocial.com.au](http://kurmondsocial.com.au) • Ph: 4573 2180

Enjoy fresh, seasonal food for breakfast, lunch or dinner on the large deck overlooking the valley.

 **OVERNIGHT ACCOMMODATION**

**BILPIN OR KURRAJONG.** Stay the night in the botanic gardens, a restored railway carriage or a mountain cottage guest house in these cosy ridge-top towns.


**DAY 3 Bilpin to Penrith** TOTAL DISTANCE: 82km  
via Wilberforce

 **DRIVE:** 19km (22mins) – WILBERFORCE **H**

**18 AUSTRALIANA PIONEER VILLAGE**

10 Rose St, Wilberforce • [theapv.org.au/village](http://theapv.org.au/village) • Ph: 4575 1777

Step back in time on this 1810 village streetscape including a church and blacksmith shop on the banks of the Hawkesbury River.

 **DRIVE:** 23km (28mins) – YARRAMUNDI

**19 TREES ADVENTURE**

200 Springwood Rd, Yarramundi

[treesadventure.com.au/park/grose-river-park](http://treesadventure.com.au/park/grose-river-park) • Ph: 4776 1226

With tree-top obstacles suitable for anyone aged from four to 75, this course has 110 challenges and 19 flying foxes.

**20 HAWKESBURY LOOKOUT**

Yellomundee Regional Park, Hawkesbury Heights

[nationalparks.nsw.gov.au](http://nationalparks.nsw.gov.au)

Stretch your legs as you take in the grand view at this picnic spot looking out over the plains and the Nepean River.

 **DRIVE:** 40km (50mins) – PENRITH (via Mulgoa)

**I PENRITH**

Located at the base of the Great Dividing Range on the mighty Nepean River, Penrith is just one hour's drive from the Sydney CBD. Home to family-friendly dining options and a wide variety of fun activities, Penrith will surprise and delight curious adventurers.

**21 NEPEAN BELLE RIVER CRUISE**

Tench Reserve, Jamisontown • [nepeanbelle.com.au](http://nepeanbelle.com.au) • Ph: 4733 1274

Take a leisurely cruise into the unspoilt 50-million-year-old Nepean Gorge on an historic paddlewheeler.

**22 THE ROCK LOOKOUT**

Fairlight Rd, Mulgoa

[visitpenrith.com.au/things-to-do/outdoors-active/the-rock-lookout](http://visitpenrith.com.au/things-to-do/outdoors-active/the-rock-lookout)

Pose for photos on this iconic rock with sweeping views of the Nepean River. This historic location is only a few minutes from the centre of town.

**23 MUSEUM OF FIRE**

1 Museum Dr, Penrith • [museumoffire.net](http://museumoffire.net) • Ph: 4731 3000

Take command of a fire engine in the simulator, go for a ride in a vintage fire engine and design your own fire escape plan!

**24 VISTA ADVENTURE TOURS**

[vatours.com.au/tours](http://vatours.com.au/tours) • Ph: 0405 630 706

Why stay in the car, when you can explore the region's most picturesque places on a Can-Am Spyder motorcycle with a personal tour guide?

**25 GREAT RIVER WALK**

Bruce Neale Dr, Penrith

[www.penrithcity.nsw.gov.au/facilities-recreation/outdoor-recreation/great-river-walk](http://www.penrithcity.nsw.gov.au/facilities-recreation/outdoor-recreation/great-river-walk)

Discover beautiful vistas along the Hawkesbury-Nepean River on this scenic section of a multi-day walk. Enjoy picnic spots and BBQs if you want to linger longer.

**26 TELLA BALLS DESSERT BAR**

Shop 5, 78-88 Tench Ave, Jamisontown

[tellaballsdessertbar.com](http://tellaballsdessertbar.com) • Ph: 4731 1796

Dine in style at this contemporary dessert bar featuring delectable brioche donut balls.

Return to Sydney or continue exploring the natural beauty of the Southern Highlands and South Coast of NSW.

